

Superstars

Introduction	2
List of competitors	4
Competitor biographies and home towns	5
<i>Superstars</i> rules and events	11
<i>Superstars</i> history and top facts	13
Past <i>Superstars</i> records	16
Where are they now?	18
BBC Sport website guide	19
Presenter biographies	
Johnny Vaughan	20
Suzi Perry	20



Superstars is back on BBC ONE



Superstars is back on BBC One after a 19-year absence. The legendary sports-entertainment show returns with brand-new presenters, a sizzling location and the crème de la crème of sporting talent. The new series begins on Thursday 16 October on BBC One at 8pm. The Women's Final will be shown on 13 November and the Men's Final on 20 November.

Superstars is a six-part series hosted by popular presenters Johnny Vaughan and Suzi Perry. The men battle it out over four heats with the top two contestants in each show claiming a place in the grand final. The women, not to be outdone, compete in a special one-off championship.

Presenter Johnny Vaughan says: "*Superstars* was a great show; everyone has fond memories of

it. The public demand to bring it back has been huge and this time we've got a real mix from all areas of sport. Footballers like [Dennis] Wise and [Stuart] Pearce are bound to spice things up and I can't wait to see the girls in action!"

Co-host Suzi Perry says: "When I was growing up, I absolutely loved *Superstars*, seeing different sports favourites in different challenges against each other. For me, Brian Jacks, was the man! I'm sure the contestants will be taking this very seriously and, whatever they say or show on the outside, you know deep down that they really want to win."

Based in La Manga in Southern Spain, top sports stars such as Colin Jackson, Dennis Wise, Stuart Pearce, Mark Foster, Darren Campbell, Ricky Hatton, Tony Underwood, Paul

Hunter, Richard Dunwoody, Annabel Croft and Katharine Merry have signed up to take part in a variety of disciplines, ranging from the infamous gym tests (dips and squats), to mountain biking, the 100m sprint, target golf and swimming.



performances, Kevin Keegan falling off a bike at high speed and Malcolm Macdonald setting a record for the 100m.

Superstars is produced by TWI and commissioned by Lorraine Heggessey, Controller of BBC One, and Jane Lush, Controller of Entertainment for the BBC.

The contestants are based at the world-famous La Manga Club, where they live and compete together. The gym tests are held at the beautiful La Cala beach, swimming at Bellaluz Pool and kayaking on the Mar de Cristal.

The original *Superstars*, presented by David Vine, ran for 11 years on BBC One from 1974-1985 and featured memorable moments such as Brian Jacks's outstanding gym



The competitors

Heat 1

Mark Foster (swimming)
Colin Jackson (athletics)
John Regis (athletics)
Wayne McCullough (boxing)
Greg Searle (rowing)
Henry Olonga (cricket)
Stuart Pearce (football)
Johnny Searle (rowing)
Phil de Glanville (rugby)

Heat 2

Chris Boardman (cycling)
Darren Campbell (athletics)
Steve Collins (boxing)
Dermot Reeve (cricket)
Peter Scudamore (horse racing)
Iwan Thomas (athletics)
Tony Underwood (rugby)
Rory Underwood (rugby)
Steve Claridge (football)

Heat 3

Jimmy Adams (cricket)
Simon Archer (badminton)
Jamie Baulch (athletics)
Alain Baxter (skiing)
Jamie Delgado (tennis)
Richard Dunwoody (horse racing)
Gavin Hastings (rugby)
Derek Redmond (athletics)
Paul Hunter (snooker)

Heat 4

Graham Bell (skiing)
Martin Bell (skiing)
Chris Lewis (cricket)
Brian Hooper (athletics)
Ricky Hatton (boxing)
Du'aïne Ladejo (athletics)
Martin Offiah (rugby)
Dennis Wise (football)
Richie Richardson (cricket)

Women's Final

Annabel Croft (tennis)
Liz McColgan (athletics)
Katharine Merry (athletics)
Leanda Cave (triathlon)
Fiona May (athletics)
Zoë Baker (swimming)
Lesley McKenna (snowboarding)
Kate Howey (judo)

Competitor biographies and home towns

Heat 1

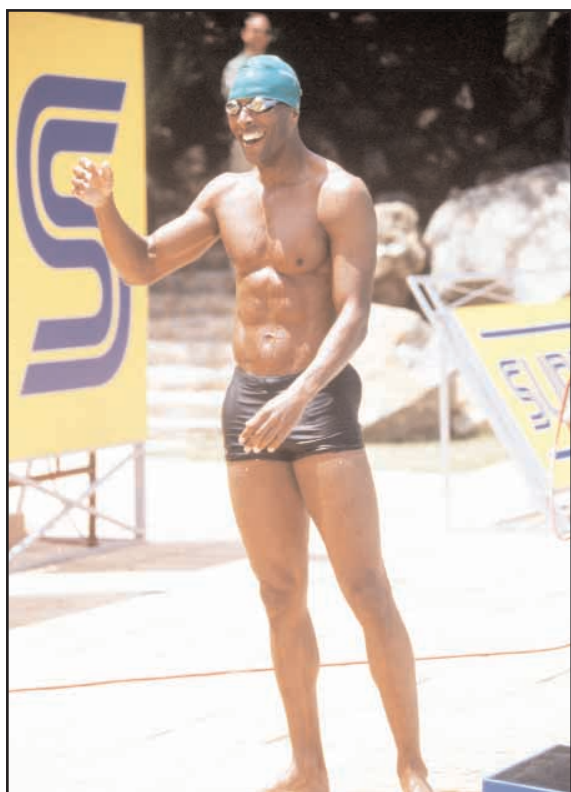
Mark Foster

Born: Billericay, Essex, grew up in Southend

At 6ft 6in, Mark towers above most people and is just as dominant in the international swimming pool, where he has competed in four Olympic Games, broken eight world records and collected five World Championship golds.

Colin Jackson

Born: Cardiff



Everything is going swimmingly for Colin Jackson

Sensational Olympic silver medallist and world record-holder over 110m hurdles. Recently retired, he leaves behind an impressive honours board of two world and three European titles.

John Regis

Born: Lewisham, London

Hugely talented and experienced over the shorter distances, John set numerous indoor and outdoor British records over 200m. He was also part of the record-setting Commonwealth and European 4x400m team and ran away with an unprecedented four gold medals at the 1990 European Championships.

Wayne McCullough

Born: Belfast

The Ulsterman they call the Pocket Rocket, because of his all-action style, won silver at the Barcelona Olympics in 1992 before turning professional and becoming WBC bantam-weight champion.

Greg Searle

Born: Ashford, Middlesex,
grew up in Chertsey, Surrey

Olympic gold medal-winning rower turned ocean yacht racing sailor. With his brother, Johnny, he won his gold in the coxless pairs at the Barcelona games, adding the world title 12 months later and moving on to become a grinder in Britain's America's Cup boat.

Stuart Pearce

Born: Shepherd's Bush, London

Known as "Psycho" because of his competitive nature on the football pitch for Coventry, Nottingham Forest, Newcastle, West Ham, Manchester City and England. Who can forget his emotional response to scoring a penalty in Euro '96?



Competitor biographies and home towns

Phil De Glanville

Born: Loughborough

Outstanding rugby union centre-three-quarter who captained England to the 1996 Five Nations Championship. Highly regarded for his tactical knowledge gained from an impressive 52 international caps.

Henry Olonga

Born: Lusaka, Zimbabwe

The youngest-ever player to represent Zimbabwe, the out-and-out fast bowler has 30 caps to his name, not to mention some memorable moments, such as three wickets in five balls to dismiss India in the 1999 World Cup Group match.

Johnny Searle

Born: Ashford, Middlesex, grew up in Chertsey, Surrey

This Oxford-born rowing hero partnered his brother, Greg, to Golden glory in the coxless pairs at the Barcelona Olympics.

Heat 2

Chris Boardman

Born: Manchester

The man from the Wirral became a household name with his revolutionary Lotus-built bike winning the 4,000m individual pursuit at the Barcelona Olympics. He took his stamina and bravery to the Tour de France where he wore the yellow jersey, although not quite managing to carry it across the finishing line.

Darren Campbell

Born: Manchester

World-class sprinter who almost left athletics after winning four gold medals and two silver in International Junior Championships. He had a spell of playing football for Newport County and Weymouth but returned to the track at the highest level and still finds time to fulfil obligations on the fashion catwalk.

Steve Collins

Born: Dublin

The boxer known as "The Celtic Warrior" emerged from Dublin as the super-middleweight who effectively ended the careers of Chris Eubank and Nigel Benn on his way to holding the WBO title. Although he's retired, he is thinking of a comeback.

Dermot Reeve

Born: Kowloon, Hong Kong

Dermot is described by *Wisden*, the cricket bible, as "the best one-day cricketer in England." With Sussex, Warwickshire, Somerset and England he scored runs quickly, bowled meanly and emerged as one of the game's great entertainers.

Peter Scudamore

Born: Hereford

One of the most stylish riders in National Hunt racing, a sport in which bone fractures are accepted as an inevitable fact of life. For all that, "Scu" rode an astonishing 1,678 winners, including two victories in Cheltenham's Champion Hurdle.



Competitor biographies and home towns

Iwan Thomas

Born: Farnborough, Kent

Flies like the wind over 400m in both individual and relay races. Was perhaps proudest of all when representing Wales against his GB team mates at the Commonwealth Games.

Rory Underwood

Born: Middlesbrough

An RAF pilot in single-seater jets and huge transport planes. During an exceptional 85-cap career with the England rugby union side, he scored 49 tries, including a record five in one match against Fiji in 1989.

Tony Underwood

Born: Ipoh, Malaysia

Flier on the wing with Leicester Tigers, Newcastle Falcons and the England rugby union side for whom he played 29 times, scoring 13 tries and running up 65 points.

Steve Claridge

Born: Portsmouth

One of football's great characters, his sense of humour and forthright views are evident both on and off the field. Following a long career at Leicester City, Portsmouth and Millwall, he is now player-manager at Weymouth.

Heat 3

Jimmy Adams

Born: Port Maria, St Mary, Jamaica

The all-rounder's all-rounder, Jimmy was an outstanding batsman, once scoring 208 not out in a Test match for the Windies, often keeping wicket and, on other occasions, bowling tantalisingly, slow left-arm tweakers.

Simon Archer

Born: Leamington Spa, lives in Worcester

Almost stole the show, in partnership with Joanne Goode, in the mixed pairs badminton during the Sydney Olympics. In the end they settled for bronze but it was an outstanding performance.

Jamie Baulch

Born: Nottingham, lives in Cardiff

One of Britain's stars over 400m, he won the World Indoor title in 1999 and was a key member of the GB relay team. He was an outstanding junior once he switched from his first love, trampolining, in which he came second in the 1991 Welsh Schools Championships.

Alain Baxter

Born: Edinburgh

The Highlander from Aviemore is a world-class skiing champion who has achieved fourth place in the World Cup Finals.



Competitor biographies and home towns

Richard Dunwoody

Born: Chelsea, London

One of the greatest jump jockeys of all time with 1,699 winners, including two Grand Nationals. He is also an intrepid adventurer, having raced single-seat cars and made daunting polar treks.

Gavin Hastings

Born: Portsmouth

Rugby's Braveheart, he played 61 times for Scotland and in six Test matches for the British Lions before retiring after the 1995 South Africa World Cup, by which time he had scored more than 700 points. A mean golfer, he plays off a handicap of six over the testing Gullane Links.

Derek Redmond

Born: Stow-on-the-Wold

A record-breaking 400m runner who notched up a silver medal at the World Championships in 1987, and a gold in the World, European and Commonwealth Championships 4x400m. His career was famously and tragically cut short at the Barcelona Olympics when he pulled up with a hamstring injury.

Paul Hunter

Born: Leeds

Master of the green baize, Paul started playing snooker as a boy in Leeds. His dedication to practice has been a major factor in his winning five World Championship events.

Jamie Delgado

Born: Birmingham

Current British tennis number 11, Jamie hit a career high world ranking of 121 and has faced some of the world's top players, including Andre Agassi and fellow countryman Greg Rusedski. He has also been a key member of the Davis Cup team, representing Great Britain on numerous occasions.

Heat 4

Graham Bell

Born: Edinburgh

International skier who now takes to the slopes with the BBC's *Ski Sunday* commentary team as well as making regular appearances as a reporter on *Wish You Were Here*.

Martin Bell

Born: Edinburgh

Dazzling skier from Edinburgh, earning seven top 10 World Cup finishes in a decade of Alpine skiing at the highest level. Finished eighth in the 1988 Winter Olympics in Calgary.

Chris Lewis

Born: Shrewsbury, Shropshire

One of cricket's most gifted all-rounders, he played in 32 Test matches for England and 53 one-day internationals. Whenever Chris marched to the wicket, the spectators were on their toes but he suffered with injuries and some say his immense talent went unfulfilled.

Competitor biographies and home towns

Brian Hooper

Born: Woking, Surrey

Pole-vaulter extraordinaire, he was always a feature at the big events and won bronze at the 1978 Commonwealth Games. He now coaches Janine Whitlock, who competed at Sydney 2000, and lectures in Sports Science.

Ricky Hatton

Born: Manchester

The Manchester fighter they call “The Hitman” has outfought every domestic rival and is keen to look west towards the big names of the American ring, where he will, as usual, wear his Manchester City shorts and enter the ring to the music of *Blue Moon*.

Du’aine Ladejo

Born: Paddington, London

One of track and field’s most compelling personalities, after a successful couple of seasons competing in the decathlon and hurdles, he is back on the flat and doing what he knows best in the 400m.

Martin Offiah

Born: Hackney, London

The rugby league legend known as “Chariots” scored an astonishing 500-plus tries in a career that spanned 14 seasons of powerful running and cunning side-stepping.

Dennis Wise

Born: Kensington, London



Dennis wise up to the gym tests

Pugnacious midfielder who started on the wing as one of Wimbledon’s original “Crazy Gang”. Played 165 games for Wimbledon, 445 for Chelsea, 17 for Leicester and won 21 England caps. He now channels his energy into Millwall’s midfield.

Richie Richardson

Born: Leeward Islands, West Indies

The man from the Leeward Islands was *Wisden's* Cricketer of the Year in 1992. He captained the West Indies and played in 86 Test matches, scoring 5,949 runs, with 16 centuries. He was almost as prolific in one-day internationals, hitting five hundreds in 224 limited-over games.

Competitor biographies and home towns

Women's Final

Katharine Merry

Born: Dunchurch, Warwickshire

Britain's most promising female sprinter for years, she eventually moved up to 400m and collected bronze in that memorable night at the Sydney Olympics when Cathy Freeman won her gold. Katharine is on the way back after injury problems.

Kate Howey

Born: Andover, Hampshire, went to Bath University

British judo champion at 70kg, she became world champion at the same weight in 1997. Kate won Olympic bronze in 1992, reached the quarter-final in 1996 and took silver in 2000.

Liz McColgan

Born: Dundee, Scotland

Her fame was found over running long distances and her World Championship win in Tokyo in 1991 was one of the greatest track performances of all time, as she led almost from the start to win the 10,000m on a hot, humid night. A few months later, she went on to win the New York Marathon.

Zoë Baker

Born: Sheffield, lives Loughborough and New Zealand

One of the beaming faces of Manchester 2002, she won the Commonwealth Games gold medal in the 50m breaststroke. Previously she felt she had been jinxed at the big events but the hard work seems to be paying off and now all her training is geared towards Athens 2004.

Lesley McKenna

Born: Aviemore, Scotland

A star in the world of snowboarding, Lesley is fourth ranked world-wide with her inventive half-pipe riding. She was a promising young skier in Aviemore before the snowboard took her fancy.

Fiona May

Born: Slough, Berkshire; lived/trained in Derby; now lives in Florence, Italy, and represents Italy

The English girl who moved to Italy, married, and now competes in Olympic and World Championships in the blue of her adopted country. She has won medals galore, including the 1995 world long jump gold.

Annabel Croft

Born: London, grew up in Kent

The darling of British tennis, when Annabel was 15 she became the youngest player for 100 years to appear at Wimbledon and was the 1984 junior champion. She retired at 21 when ranked in the top 25 in the world. Now married with three children, she still manages to fit in plenty of media work.

Leanda Cave

Born: Louth, Lincolnshire; grew up in Australia; now lives in Bath

Stunned the triathlon world by winning in the heat and humidity of Mexico. She also took silver at the Manchester Commonwealth Games in this most gruelling and demanding of events, involving swimming, cycling and running.

Superstars rules and events

Heats consist of eight events with each competitor taking part in six. The final is decided over nine events with each competitor taking part in seven.

Programme-makers determine one event each competitor has to withdraw from (usually that closest to their own sport, where applicable) and each competitor chooses the second.

The Events

100m

- Run 100m from starting blocks on paved esplanade.

Kayak

- Open kayaking with standard paddles over course of approx 120m.
- Heats of two competitors with fastest two progressing to the final.

800m

- Run 800m.

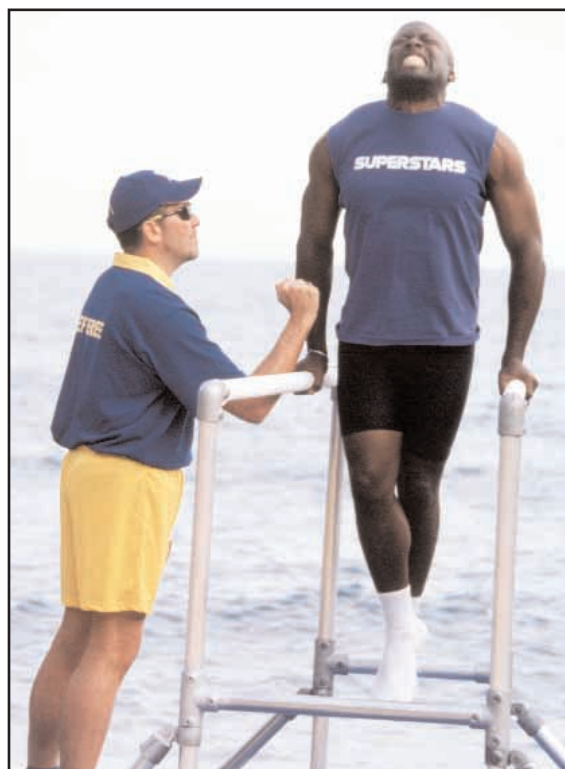
Swim

- Two lengths, any stroke, of 25m pool.

Mountain bike

- Race over 600m course up a gravel road.

Gym tests



John Regis competes in the gruelling gym tests at La Manga

- Two disciplines – dips and squat thrusts.
- Dips performed individually on parallel bars are counted when competitor, from straight-arm position, bends arm to 90 degrees at elbow to contact judge's hand and then returns to straight-arm position.
- Squat thrusts will be counted when competitor, from "press up" position, moves legs forward over 30cm strip and then back to starting position. Arms must be kept straight. Sliding of feet is allowed.
- One minute for each discipline and score calculated on the total of both disciplines.



Superstars rules and events

Target golf

- Three shots each hit from tee to green 50m away.
- Green is ringed at 1m intervals from a central flag with points awarded at 5:4:3:2:1 (5 being closest).
- 10 points for a hole in one.

Football

- Starting from point 36m from goal, competitors dribble between posts before attempting a shot on goal. They have to beat the goalkeeper then return to the start point to repeat the exercise (three times in total).
- Winner is competitor who scores most goals in the quickest time. Time is taken when competitor returns to the start point after the third shot.
- Goalkeeper must stay inside 6m “D” area. Players may not enter “D”. If they do, the goal will be disallowed.

Tennis

- Challenge is one of volleying across the net into areas where points are scored.
- There are three scoring zones – the closer to the base line the higher the score.
- Balls are fed manually – forehand then backhand.
- Between shots, competitor returns to seat on service line.

Archery

- Three warm-up arrows, followed by five competitive shots fired at a 122cm ringed target set at 15m from shooting platform.
- Highest total wins.

Superstars history and top facts

UK and European

1973

Crystal Palace National Sports Centre

The first *Superstars* took place in 1973 at Crystal Palace, London. It was presented by David Vine, with commentary and technical explanations by Ron Pickering. The programme featured the “Magnificent 7” – Bobby Moore, Jackie Stewart, Barry John, Roger Taylor, Joe Bugner, Tony Jacklin and David Hemery. Joe Bugner beat Olympic-shot Jackie Stewart in the pistol shooting, but Hemery went on to impress in most events and win. He was the 1968 Olympic hurdles champion, retired from athletics the year before, just after the Munich Olympics, and had made *Superstars* his goal beyond athletics.

1974

Crystal Palace National Sports Centre

This year saw boxer John Conteh win *Superstars* as well as his World light heavyweight title. He beat reigning *Superstars* champion David Hemery, who was the first to congratulate him.

1975

Malmo, Sweden

The *Superstars* concept spread to the rest of Europe, and England football striker Malcolm Macdonald represented Great Britain in the European event. In the 100m, there was a false

start by Johansson of Sweden, but no one stopped the race. “SuperMac” still beat him and in a record 11 seconds. Commentator and judge Ron Pickering was not happy and said the race had to be re-run. No one believed that Macdonald would be able to run that fast again straight away. He ran the race, won it again, and beat his own record with an amazing 10.9 seconds. He held the European record for seven years until Des Drummond ran the 100m in 10.85 seconds in the 1982 International *Superstars* in Hong Kong. Macdonald still holds the UK record at 11 seconds.

European Final, Rotterdam, Holland

Malcolm Macdonald and David Hemery represented Great Britain. Hemery was made to start 40m behind the rest of the field in the steeplechase as the event was deemed to be very close to his own speciality of hurdles. He caught the field and was in the lead when he suffered a horrific landing at the waterjump. Hemery picked himself up and carried on to finish third in the race. At the finish, his ankle had already swollen badly and he was out of action for the rest of the competition.

Aldershot

The gym tests were always a controversial event, and squash player Jonah Barrington stormed out after disagreeing with his score and the way he was judged in the squats. The judge awarded him a third of the amount he thought he got. He came back the next year and joked that he would stay in the competition and not walk out.

1976

European Final, Vichy, France

Welsh rugby star Gareth Edwards represented Britain and ended up playing table tennis against new Wimbledon champion Bjorn Borg. Edwards managed to take four points from him! Borg won the event, and that, coupled with wins in canoeing, football and the steeplechase, ensured that Borg won.

1976

Bracknell



Kevin Keegan gets on his bike

Kevin Keegan came off his bike on a cinder track, and most of the skin came off his back and arms. Keegan was racing against the Belgian football captain. They both went off at a cracking speed but, suddenly, Keegan's bike touched the back wheel of his opponent's on the first bend and he came off, sliding across the track for what seemed like an eternity. Keegan wasn't worried as he was the only man in the stadium who couldn't see his back. He raced again, won, then went on to win the steeplechase and the whole event. Literally from the ashes, Keegan was champion.

Aldershot

Stan Bowles and Malcolm Macdonald both sank during the canoeing. During the pistol shooting event (held at Bisley) Stan Bowles took a shot and, as he rested his pistol on the table, another shot went off, firing through the table. Everyone dived for cover, no one was hurt, but half the table was missing!

Cwmbran

Cwmbran in Wales was a favourite venue for *Superstars*. It was the scene of Brian Jacks's debut in 1978. He trained every day for five weeks, doing a minimum of 400 squats and dips. Jacks went on to become the master of the gym tests, constantly smashing his own records.

Commentator Ron Pickering referred to the gym as the "Emporium of fitness" or the "Muscle Factory". In later years, racing driver Jody Scheckter created the most controversy in the squats by smearing his shoes in engine oil and using a sliding technique. Brian Jacks saw this and had special shoes made with plastic toe caps so he could slide without hurting his feet.

In 1980 Daley Thompson believed he was the man to beat Brian Jacks. He won weightlifting and, during the squats, placed his wristwatch in front of him to try to psyche Jacks out. Jacks was unmoved and, when Thompson had finished, he walked over and replaced the wristwatch with one of his trademark oranges! He beat Thompson, and got a Jaffa orange advert out of it.

Cwmbran was also where former Olympic long jumper Lynn Davies made his *Superstars* debut in 1979. He lifted 8.3kg over his own bodyweight in the weightlifting and set the tone for the rest of the programme. He won other events, won the whole competition and later represented Great Britain in the World finals.

World Superstars

1977

Georgia, USA

Superstars went world-wide! John Conteh and Gareth Edwards were the British representatives. Edwards had to score five goals out of five in the football to win. He scored four and needed the fifth goal to go past goalkeeper Paul Hammond. Edwards struck the ball and Hammond saved it! Edwards was gutted.

1978

Bahamas

Keith Fielding represented Britain in the Bahamas. He was a rugby league player, and the competition became rugby league versus American football. In the 100m sprint a Canadian player got a great start but Fielding caught him and dipped on the line. Replays showed that Fielding appeared to have got it, but the result went the Canadian's way. During the 800m in the 96-degree heat, Fielding collapsed from heat exhaustion and was whisked away in an ambulance. Following ice baths and treatment, he came back to continue competing. Canadian Brian Budd won, and went on to win three *World Superstars* in a row.

1982

Florida

British pole-vaulter Brian Hooper wanted to break Budd's run and competed in *World Superstars* in Florida. Hooper was boxed in on the cycle event by five Americans and he managed to take the two leaders on the inside, leading the Americans to complain that he'd gone off the track and therefore had cheated. Video evidence showed Hooper's manoeuvre was legal and his win stood. He beat the Americans in their own back yard and was the only Briton to win *World Superstars*.

Top facts

Top appearances

David Hemery appeared in nine *Superstars* programmes. He won three times, including the first-ever *Superstars*, and was second three times. He was a great competitor but suffered two bad falls at the steeplechase water jump (Aldershot 1975, and in the European final in Holland, 1975).

Highest score

Lynn Davies scored a maximum 70 points (seven of nine events) in the UK Past Masters programme at Oxford in 1982.

Most programme wins

Brian Hooper came first in six programmes. He was also the one UK competitor to win *World Superstars* in America.

UK male competitors

161

UK female competitors

37

Countries where UK *Superstars* competed

UK
Sweden
Holland
Belgium
France
Switzerland
Spain
Israel
Hong Kong
New Zealand
Cyprus
USA

Past Superstars records

Event: 100m
Record: 10.85secs
Year: 1982
Record-holder: Des Drummond
Venue: International Superstars

Event: 100m
Record: 10.9secs (Held for a long time)
Year: 1975
Record-holder: Malcolm Macdonald
Venue: Malmo in Sweden

Event: Swim 50yds
Record: 28.0secs
Year: 1979
Record-holder: Danny Nightingale
Venue: UK Final, Cwmbran

Event: Swim 66.66 yds
Record: 36.30secs
Year: 1982
Record-holder: Vic Charles (Karate)
Venue: UK Final, Cosford

Event: Swim 50yds (International)
Record: 26.34secs
Year: 1982
Record-holder: Jody Scheckter
Venue: World Superstars, Florida

Event: Archery
Record: 35 pts
Year: 1982
Record-holder: Andy Irvine
Venue: Nottingham

Event: Archery (5 shots/15m)
Record: 40 pts
Year: 2002 (*Sport Relief* special)
Record-holder: Steve Redgrave
Venue: Bath

Event: Gym Tests (Composite Event)
Record: 78 Squats
71 Press Ups
54 Sit Ups
106 Bar Jumps
Total: 309
Year: 1984

Record-holder: Robin Brew
Venue: UK Superstars, Cosford

Event: Squats (UK)
Record: 105/103
Year: 1980
Record-holder:
Duncan Goodhew/Brian Jacks
Venue: UK Superstars

Event: Squats (International/European)
Record: 113
Year: 1980
Record-holder: Jody Scheckter
Venue: International Superstars, Israel
(**Questionable style – he oiled his toe caps**)

Event: Squats (International/European)
Record: 87
Year: 1981
Record-holder: Loftus and Des Drummond
Venue: International Superstars



Past Superstars records

Event: Squats (World)
Record: 118
Year: 1980
Record-holder: Brian Jacks
Venue: World IV

Event: Parallel dips
Record: 100
Year: 1980
Record-holder: Brian Jacks
Venue: UK

Event: Canoe 125m
Record: 29.5secs
Year: 1980
Record-holder: Jim Fox
Venue: Past Masters, Blackpool

Event: Canoe 125m
Record: 30.6
Year: 1980
Record-holder: Brian Jacks/Keith Fielding
Venue: UK

Where are they now?

Brian Hooper

The former pole-vaulter is now training *Superstars* of the future at Woking College where he lectures in sports science. He also works with private clients as a “metabolic typer” – a new science that involves studying a person’s metabolism to work out which nutrients they require to maintain a healthy life and which diet would best suit their make up. He took part in the new series of *Superstars*, where all the athletes were asking for tips and techniques.

Brian Jacks

Since he hung up his judogi, the former judo and *Superstars* champion has set up the Brian Jacks Martial Arts Centre which he runs in Orpington. He also has a company that organises and runs children’s birthday parties. He divides his time between Kent and Thailand.

David Hemery (pictured left)



Since retiring from athletics in 1972, David Hemery has worked as a coach and performance consultant for other young athletes. In 1998 he was appointed as the first president of UK Athletics, a term that ended in November 2002. He still works with them on their mentoring courses and is a director of Developing Potential Ltd, a company that runs courses for transforming organisations. He also works with the Coach Education Programme for UK Athletics and is a representative on the Executive Board of the British Olympic Association.

Kevin Keegan

One of *Superstars*’ most famous participants following his horrific biking accident, the former Liverpool midfield star is now on the other side of the boss’ desk as manager at Manchester City. Before taking the helm at Maine Road, Keegan managed Newcastle United, Fulham and the national team.

Stan Bowles

The former QPR striker holds the dubious honour of getting the lowest *Superstars* score ... ever! He now writes a column for *FourFourTwo Magazine*, does occasional hospitality work at QPR and owns The London Tile shop in Brentford.

Malcolm Macdonald

“SuperMac”, the prolific Newcastle and England goalscorer and *Superstars* hero, can now be found on Century FM, where he forms part of the “3 Legends” team. He and fellow “legends”, Eric Gates and Bernie Slaven, host a football chat show that is broadcast across the North East.



www.bbc.co.uk/superstars

Check out the official *Superstars* website at **www.bbc.co.uk/superstars**. Dennis Wise's video diary of *Superstars* filming in La Manga provides a new level of insight, and the site will have all the behind-the-scenes gossip, as well as results and tables.

Brian Jacks, former *Superstars* champion and gym tests supremo, provides his predictions for each heat, and site users can access profiles of all the competitors.

Would-be *Superstars* can learn how to become a Superstar in their own right, and play the brilliant new interactive game, *Superstars* Trumps. Signed goodies are also up for grabs in easy-to-enter competitions.

Presenter biographies

Johnny Vaughan

Johnny Vaughan's enthusiasm and sporting knowledge makes *Superstars* the perfect vehicle to showcase his talents.

The presenter's career at the BBC started in 2001 when he hosted his own chat show, *Johnny Vaughan Tonight*, which was broadcast on both BBC One and BBC Choice.

Following on from this success, *Johnny Vaughan's World Cup Extra* was launched on BBC One and BBC Choice in 2002. Johnny's passion for the game was the driving force behind this show, covering the day-to-day events of the World Cup and including interviews with some of the biggest sporting names in the industry: David Ginola, Frankie Dettori, Gary Lineker and Ian Wright.

In 2003, Johnny became the face of the BBC's new flagship digital channel, BBC Three, and his razor-sharp wit came into good use when he hosted the launch night. Johnny has even turned his hand to writing: in April 2002, BBC Choice screened his one-off drama, *Dead Casual*, and he wrote and starred in the comedy series 'Orrible on BBC Two.

Johnny is currently working on a new pilot for the BBC. He is also involved in *Children In Need*, along with his bulldog, Harvey, in the programme *Celebrity Dog School* for BBC One.

Suzi Perry

Suzi's enthusiasm for sport has been reflected throughout her career to date and made her the perfect choice to present *Superstars*. Suzi joined BBC Sport as the presenter of its World Superbike Championship coverage in February 2000, bringing with her an impeccable pedigree in biking. She previously worked as a reporter and presenter on coverage of the World Superbike Championship, the FIM Grand Prix Series and Elite League Speedway, all for Sky Television.

Suzi's sporting knowledge was further enhanced when she presented *Chequered Flag*, a motorsport show with British Touring Cars and support races, and she regularly covered motorsport events for Sky News.

However, Suzi's career hasn't all been sports based. The versatile presenter is the new face of *Treasure Hunt* and Suzi is currently presenting BBC One's flagship daytime programme *Housecall*. During the summer of 2002 she jetted around the world, presenting BBC One's *Summer Holiday* programme, and Suzi also had fun presenting *Lottery On The Spot* with Des O'Connor throughout the summer of 2000.